



# DIGI-WALKER<sup>®</sup> SW-200 SYSTEM WALKING PROGRAM

## MAIN FEATURES

1. Large, easy-to-read display and good, easily operated buttons.
2. Cover provided to protect against rain and dust, and to prevent the buttons from being pushed inadvertently.
3. Battery Life: Approx 3 years. Can be changed easily with a coin.
4. Counts the number of steps taken while walking or jogging up to 100,000 steps.

## MAIN APPLICATIONS

Display: 5-digit liquid crystal display.

Display item:

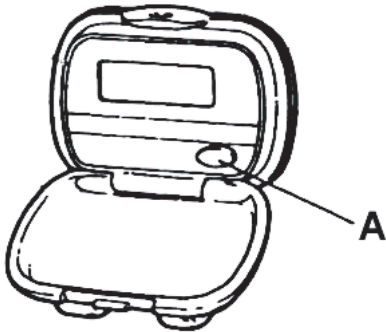
Minimum: Step .....1 Step

Maximum: Step .....99999 Steps

Battery: LR-44 type

(Battery life: Approx 3 years)

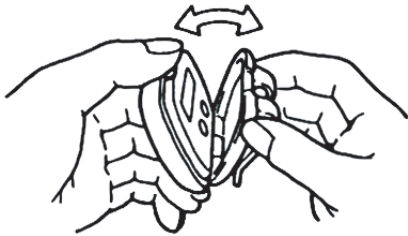
## ASSEMBLED PARTS



A. Step Count Reset Button

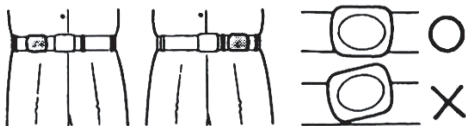
## OPENING THE COVER

Holding the Pedometer upright, grasp the top of the clip with one hand. Use the other hand to push the projecting portion of case body between the sides of the clip away from the clip thus opening the case.



## INSTALLATION METHOD

Attach to your belt, beltless slacks, skirt or training suit bottoms using the clip.

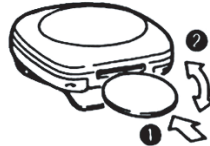
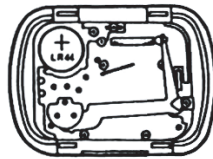


## RESET OPERATION

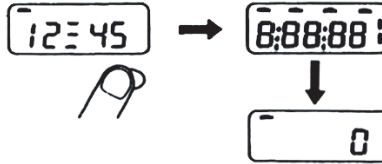
When you want to reset the data-Number of Steps, please press RESET button ("A" button).

## HOW TO REPLACE THE BATTERY

- The display will get dim as the battery begins to run down. Replace the battery as soon as possible.
- A "monitor" battery (for testing the functions at the factory) is installed in the meter, and may not be fully stored.
- Replace the battery with the (LR-44) type that you can buy in electronic store or drug store.
- If the battery is accidentally swallowed, please contact a doctor immediately.
- To replace the battery, using the coin into cover case and body case and pull out the cover case from body case, Then remove the "dead" battery and insert a new battery. (make sure the positive "+" side faces to you.)

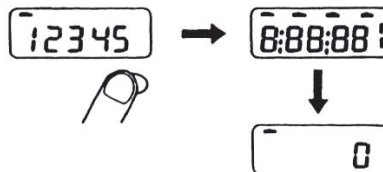


- After replacing the battery, you have to press the button together for about 5 seconds and move your hand away from buttons so that "88888" will be displayed as illustration below. The data will be cleared so please input the data again.



## WHEN UNUSUAL SEGMENT IS DISPLAYED ?

- If the unusual segment or half segment is displayed, please press the button together in about 5 seconds and move your hand away from buttons so that "88888" will be displayed and after a few second "0" will be displayed, the data will be cleared so please input the data again.



## NOTES ON MEASUREMENT

- Hold the case vertically and shake it up and down with its display facing towards you. By this, the pendulum inside starts to click gently indicating that it is functioning properly. The meter is intended to use on the flat ground. Incorrect measurements may result under the following conditions.
  - 1) If you walk with irregular steps, drag your feet, or walk in sandals.
  - 2) If you subject the meter to vertical or vibrating motion, suddenly stand up or sit down, jump or participate in sports, walk up or down steep slopes, or get on and off automobiles, or buses.